



Thamesford Chiropractic

Dr Rosenfeld uses a specific and effective technique called Applied Kinesiology (A.K.) to evaluate your presenting health problems. If you want to know more please read on.

What is APPLIED KINESIOLOGY?

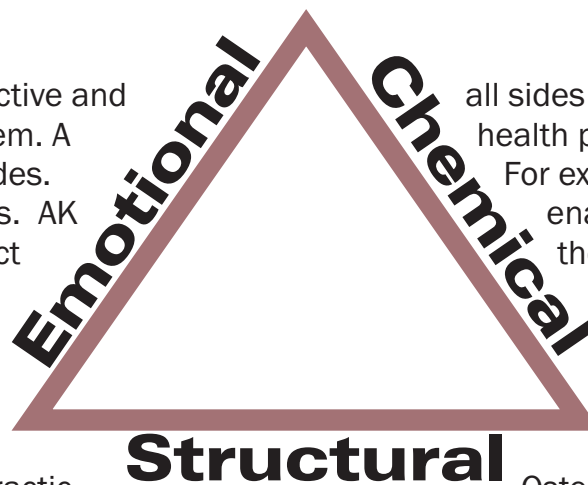
Applied Kinesiology (AK) is a system that evaluates structural, chemical and mental aspects of health using manual muscle testing with other standard methods of diagnosis.

The doctor using AK finds a muscle that is unbalanced and then attempts to determine why that muscle is not functioning properly. The doctor works out the treatment that will best balance the patient's muscles.

Treatments may involve specific joint manipulation or mobilization, various myofascial therapies, cranial techniques, meridian and acupuncture skills, clinical nutrition, dietary management, counselling skills, evaluating environmental irritants and various reflex procedures.

AK uses the Triad of Health. That is Chemical, Mental and Structural factors that balance the major health categories.

The Triad of Health is interactive and underlying cause of a problem. A triad can affect the other sides. can cause mental symptoms. AK the triad's balance and direct side or sides.



all sides must be evaluated for the health problem on one side of the For example, a chemical imbalance enables the doctor to evaluate therapy toward the imbalanced

AK skills are developed International College of Standards. These skills are disciplines including Chiropractic, Acupuncture, Biochemistry, Naturopathy etc. Members of these professions share knowledge through the publications and conferences of the International College of Applied Kinesiology (ICAK).

and approved by the Applied Kinesiology Board of refined from many Osteopathy, Medicine, Dentistry, Psychology, Homeopathy, and

A Doctor using AK during an examination will add a new dimension to standard diagnostics.

Summary:

AK:

- Is a diagnostic system using manual muscle testing to augment normal examination procedures.
 - Was founded and developed by Chiropractor Dr. George J. Goodheart, Jr.
 - Skills have been further developed by members of the ICAK
- Is a postgraduate specialty.